

Footsteps of St. Christopher's September 2024



Important Dates for September:

Sunday Service Rite II at 9:00 am

Men's Breakfast at Perkins, Wednesdays at 8:30 am.

Bible Study, beginning Thursday, Sept. 12, noon-1:00

Holy Eucharist, Thursdays, 11:30 am-noon

- September 2 *Labor Day, Office Closed*
- September 6 *First Friday Coffee, 10:00 am*
- September 13 *DOK, 1:00 pm*
- September 14 *Church Work Day, 8:30 am till noon*
St. Elizabeth's Guild, 9:00 am
- September 18 *Vestry, 6:00 pm*
- September 23 *Newsletter Articles Due*
- September 25 *Pizza & Prayer with a Priest, 5:30 pm.*
- September 27 & 28 *Diocesan Convention in Casper*
- September 28 *Removal of the crosses, 8:30 am*
- September 28 *Autumn Fest Pumpkin Patch at Windy Creek Farm, 9:00 am to 5:00 pm*
- September 29 *Autumn Fest Pumpkin Patch at Windy Creek Farm, Noon to 5:00 pm*
- September 30 *Newsletter mailing & out to lunch, 10:30 am*



Removal of the Crosses at St. Christopher's

To honor Veterans St. Christopher's Episcopal Church places 500 crosses on the church chain link fence each year for the month of September. September 28th at 8:30 am is when the crosses will be removed. Your help is needed and we hope you will attend and help in the removal.



Any questions contact Gene Williams at 421.4911



Autumn Fest Pumpkin Patch at Windy Creek Farm,

questions contact Ruth Ferguson at 630-9224



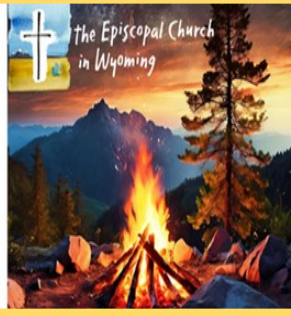
HOW TO FIND US.

3700 Campstool rd, Cheyenne WY 82007
 WINDYCREEKFARM.COM
 WINDYCREEKFARM-NURSERY

OPEN
 PUBLIC
 9AM TO 5 PM SATURDAY
 12PM TO 5 PM SUNDAY
 SCHOOLS, DAYCARES AND HOMESCHOOLS
 THURSDAY AND FRIDAYS
 BY APPOINTMENT

Spirit of the Winds

A CHRISTIAN BACKPACKING EXPERIENCE



Allen Doyle wrote about this amazing adventure:

“The Episcopal Church in Wyoming recently hosted a Youth Backpacking Trip into the Wind River Mountain Range called "The Spirit of the Winds" This event was organized by Jordan Bishop, Rector at Trinity Episcopal Church in Lander and Coordinator for Youth Ministry in our Diocese, and Allen Doyle, our Director of Campus Ministry. We partnered with a Christian Backpacking Non-Profit in Laramie (Solid Rock Outdoor Ministry) that took care of gear rentals, first-aid, permit, insurance, logistics, and additional supervision so that we could stay in compliance with Safeguarding God's Children with 3 male and 1 female chaperones on the trip. But they also provided some significant spiritual reflection and guidance throughout the trip. We were incredibly impressed by their ministry and were grateful to partner



with them. Jordan and I provided a more Anglican flavor to the trip, leading Compline each night and we even had a lakeside Eucharist on the last evening!

The trip began July 10th in Laramie, where we got all our gear organized before heading west. We used Trinity Episcopal Church in Lander as our base camp that night. We had a Lock-In in the Sanctuary and the foosball table in the Parish Hall was a big hit! The next morning we headed through Sinks Canyon to the Worthen Meadows Trailhead. We filled up our water, used the vault toilet for the last time, and hit the trail!

This was no walk in the park. Round trip the Youth hiked 27 miles with an elevation gain of approximately 3,500 feet up and then back down. The trip culminated with a Peak Attempt on Roaring Fork Mountain (which towers 12,300+ ft. over glaciers and lakes in the valleys below. This took many different skills as we hiked and climbed off trail almost the entire way! Coming down we were helped out by some nice snow fields which we were able to sled down safely.

The Youth got fancy on the last one and even did some cool spins and jumps while remaining safe and in control!

The Youth weren't also just following along from the guides, they were key in the trip's success. They learned to use a Topographical Map, some key orienteering skills, how to back a backpack, to take care of blisters, and how to set up a tent. But most importantly they were in charge of their own meals. We divided the youth into 2 cooking groups. They carried their own stoves, pots, pans, and food and were responsible for cooking their own meals each night! They were only assisted as asked. Did you know that this church has 5 future chefs in your midst? They all cooked some delicious meals for themselves. A fan favorite was cheesy mashed potatoes and summer sausage!





These youth displayed remarkable toughness. The packs were heavy, it was the hottest week of the year thus far, the mosquitos were terrible, and the sun was so bright. But they persisted! And it was truly inspiring. When we reached the top of Roaring Fork Peak, we all shared who we had been thinking of when we were hiking up. And what this experience meant for them. Most of the Youth spoke about family members that loved them and supported them. And how thinking about that love gave them strength and courage. We also asked how it felt to be on top of a mountain peak!

And some of the responses moved me to tears. "I feel free" one said. Another said "I feel POWERFUL!". One chimed in, "If I can climb a whole mountain, there's nothing I can't do."

There was also some real-talk that was hard to hear, but so important to talk about. They shared about some other friends and family that called them names, that said they couldn't do this trip, that they were not strong or tough enough to make it. But wow. Did they prove them wrong!



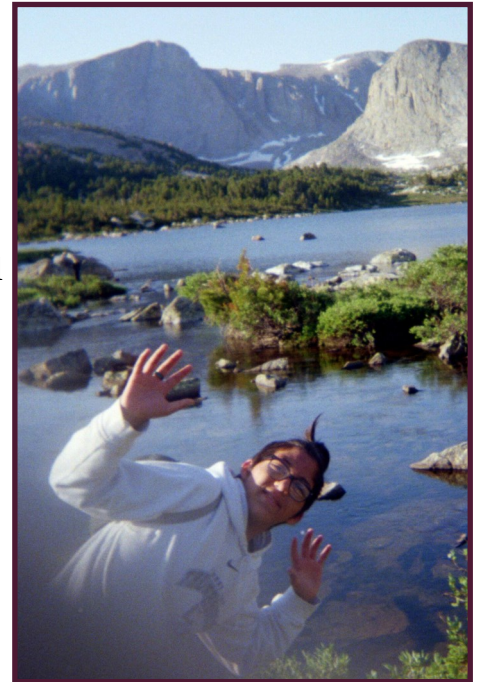
When we got back to Laramie, the joy and pride on each of their faces was contagious! One youth noted "I didn't know my body could do this!", and all shared in their own words how proud of themselves they were. Maybe some of these youth will become big-time nature lovers. But even if they never go camping again, it is our hope and prayer that this experience will stick with them the rest of their lives. That they pushed themselves further than they know they could go. That they can do things that are way out of their comfort zone. That they are tough and smart and awesome survivalists! And that they are worthy of God's Love, that they are worthy of a Loving, Supportive Community, and that they should Love Themselves too!



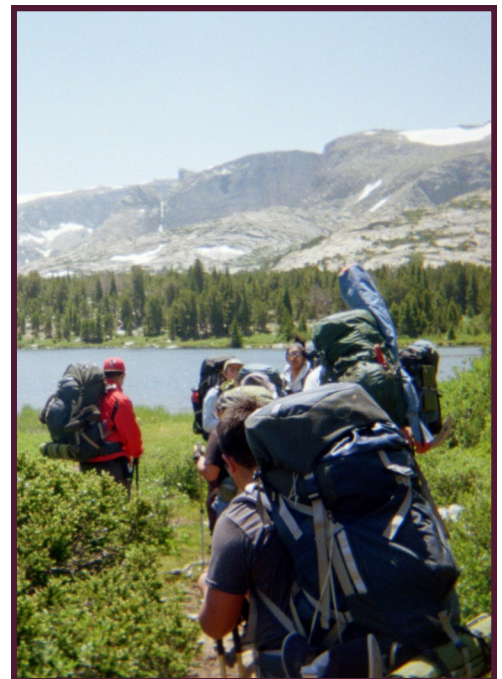
Thank you to the folks at St. Christopher's for supporting so many young people and their families throughout the year!

You all truly have a gift for community building that many of our other churches can learn from. And did I mention how good your youth were at in hospitality. There was a single student from Torrington, and the end of the first day, you literally couldn't tell they weren't all old friends! It was a beautiful example of the Kingdom of God at work in the World! Jordan and I were so impressed by each of these young people and feel so blessed to get to know them. They radiate so much joy in everything they do, and showed us that you can confront fears and challenges with optimism and hope instead of fear and anxiety!

I hope that we can continue to work as a Diocese to provide life-changing experiences for our Youth, and to better support you all with the incredible ministry you already have going in Cheyenne!"



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by



St. Christopher's Committees

<i>LITURGICS</i>	The Rev. Kristin Lee, The Rev. Paul Crips
<i>ALTAR MINISTRY</i>	Ruth Ferguson
<i>DOK</i>	Karen Boehner & Judy Cuthbertson
<i>BIBLE STUDY</i>	Dolores Dionne
<i>ST. ELIZABETH'S</i>	Lynda Hardgrave
<i>GIFTS AND BEQUESTS</i>	Ruth Ferguson
<i>FINANCE/BUDGET/AUDIT</i>	Alex Bowler
<i>GARDEN</i>	Gene Williams/Bob Compton
<i>BUILDING AND GROUNDS</i>	Gene Williams/Lynda Hardgrave



The Ministries

VESTRY

- Gene Williams—Senior Warden
- Lynda Hardgrave —Junior Warden
- Marla Norman—Treasurer
- Mary Beth Crips—Clerk
- Louisa Vigil
- John Sullivan
- Trapper Harris
- Alex Bowler
- Janet Osborn
- Dorothy Stevens
- The Rev. Paul Crips and The Rev. Kristin Lee



STAFF, CLERGY, AND CONTRACT WORKERS

- Organist/Music Director—Alaina Neiman
- Treasurer—Marla Norman
- Administrative Assistant—Trudy Soland
- Priests—The Rev. Kristin Lee & The Rev. Paul Crips

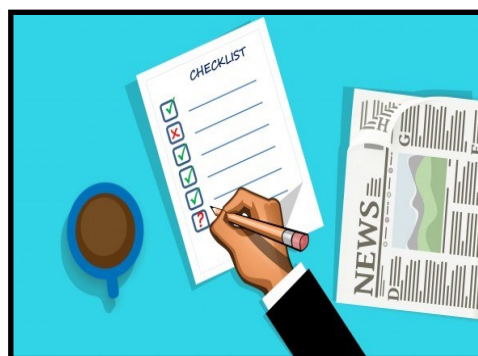
DIOCESAN DELEGATES

- Bonnie Gonzales
- Randy Hardsocg

ALTERNATES

- Janet Osborn
- Amy Sullivan

Treasurer's Report for St. Christopher's Church July 2024



Checking	\$ 3,883.84	
Savings	\$ 1,001.74	
Money Market	\$121,437.97	
SSGA	\$ 29,494.77	
Total	\$155,818.32	
Pizza, Prayer, Priest	\$ 5,593.99	
Feral Dog Grant	\$ 16,343.90	
Total St. Christopher's Fund		
\$128,008.59		

September Birthdays and Anniversaries: May each Celebrant have a Blessed Day!



September 2 Luanne Hoadley
September 3 Dorothy Fowles
September 5 Aimee Lewis
September 10 Mary Jernigan
September 16 Bryan Moss
September 21 Tina Gillespie
September 22 Mae Irene Kirkbride
September 28 Joy Johnson
Ellen Lee



September 9 Tom & Kristin Lee

Father Paul's Corner

Practicing Peace

P-RAYER...Our prayer life should begin the moment we awake to face the day. Asking God to be with us and guide every activity we do through seeking peace with those we spend time with.

E-CHARIST....The Holy Eucharist the sacrament that connects us directly to God the Father through the body and blood of our savior Jesus Christ.

Partaking in the Holy Eucharist frequently demonstrates the fiery passion of being at peace with our fellow brothers and sisters within the body of Christ.

A-DORATION....Adoration means praising Jesus Christ for being our intercessor. It says this about Jesus in Hebrews 7:25, "Therefore He is able to save completely those who come to God through Him. Since He always lives to intercede for them."

C-HARITY...Authentic charity produces harmony and peace. Charity is the act of giving of one's self through good deeds that often spread out like the ripples from a stone thrown into a still mountain pond.

E-MMANUEL.... This Hebrew word used by the Prophet Isaiah and repeated in the antiphons of Advent means "God with us". Saint Paul reiterates this idea, saying: "If God is with us who can be against us?"

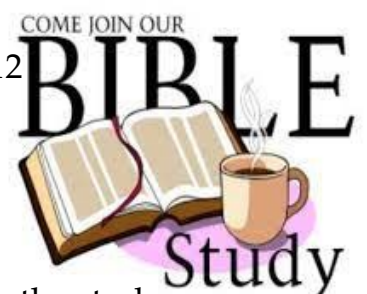


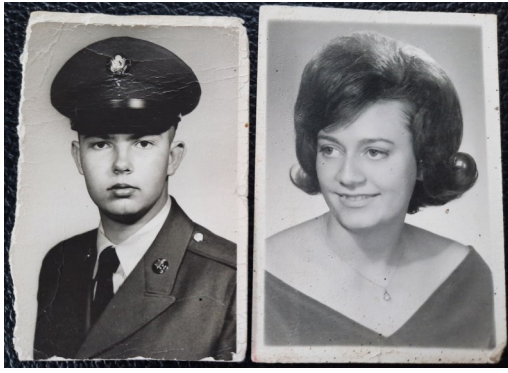
Mark you calendars for every Wednesday at 8:30 am for Men's Breakfast at Perkins restaurant!



Bible Group Study

Bible Study will resume on Thursday Sept. 12 & will continue through Dec.12 with the book of Acts as the focus. (no group study or Eucharist on Thanksgiving) There will be one class from noon until 1:00 pm. following Holy Eucharist at 11:30 am. Instructing the study is Dolores Dionne and all are welcome!





Embracing St. Christopher's Family with Clayton & Lynda Hardgrave

Pictured here are Clayton (with no beard!) at age 17 in 1961 & Lynda's senior picture in 1965

Lynda Ambrose was born in Cheyenne as a 4th generation Cheyenne resident. She started attending St. Christopher's Church in 1954. She attended Sunday school with many of her school friends (Ted Maxwell being one). She was a member of Job's Daughters Bethel 39, filling all of the messengers' chairs under various queens. After school one spring day she drove a friend to work at the A & W on S. Greeley Hwy. Two guys parked next to Lynda and asked for a ride in her 1959 convertible. That was when she met Clayton and after two years of dating, they were married at St. Christopher's. Clayton lived and was raised at the Airport Golf Club. He joined the Army at 17 and was stationed in Germany for most of his enlistment. He went to work at the Highway Department (WYDOT) and retired after 30 + years. After 4 years of marriage their 1st son, Jason was born. Jason went to U. W. and while working a summer job, he met his wife, Sidney Thomas. After he graduated from KU with a doctorate, they moved to Evansville, Indiana & he is currently interim assistant provost. Sidney works with Nonprofit organizations. Lynda was hired at the base as a civilian GS2 clerk typist. (Son #2, Eric, was born during Lynda's first year of working at the base and he works IT for the Federal Bankruptcy court). Lynda's 2nd position was at the Civil Engineer's squadron. The third organization was the Medical Group. The last position there was head of budget, managing an \$8 million budget. After 30 + years she retired from civil service. Marla Norman then hired her with a part time job at the heart surgeons' office and after 10 years, she retired for good. Both boys and their grandson earned their Eagle Scout awards at the age of 13. When the boys were away at college, Clayton and Lynda became active at St. Christopher's. Clayton was mostly part of Building & Grounds. Lynda was also involved with Gifts and Bequests; St. Elizabeth's Guild; she organizes the annual Bazaar & Craft Show (with LOTS of help) and is Jr. Warden. Since Clayton & Lynda were only children they have a small family. St. Christopher's members have become part of their family & that is such a blessing.



Lynda with the annual raffle basket!

You don't see them in church from June to early October. They spend their time at their cabin enjoying the wonders God has provided!

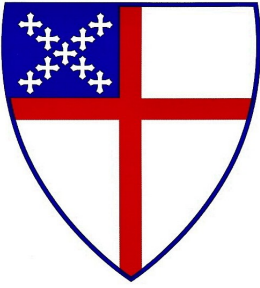


Here's a more recent photo of the Clayton we all know, getting ready for Shrove Tuesday!



Church Work Day

Saturday, September 14th, will be a clean up day at St. Christopher's, starting at 8:30 am till about noon. Gene wants to concentrate on organizing and going through the basement, a much needed area to work on! Your help is appreciated and donuts and coffee will be provided.



Sent From:

Saint Christopher's Episcopal Church

2602 Deming Blvd, Cheyenne, WY 82001

Send to:

*The Reverend Kristin Lee, Priest
The Reverend Paul Crips, Priest
Gene Williams, Senior Warden
307.632.4488*

*Footnote Articles are due by the 3rd Monday of the month. Please email them to:
stchrischeyenne@outlook.com*

*Check out our website at:
www.stchrischeyenne.org*