

Footsteps of St. Christopher's January 2025

*Our Vision: "To know
Christ and to Show Christ"*



Important Dates for January:

Sunday Service Rite II at 9:00 am

Men's Breakfast at Perkins, Wednesdays at 8:30 am.

Holy Eucharist, Thursdays, 11:30 am-noon, resuming Jan. 9

- January 1, Happy New Year!, office closed
- January 2, No Eucharist today
- January 3, First Friday Coffee, 10:00 am
- January 4, St. Elizabeth's Guild, 9:00 am
- January 8, Trudy Hand Surgery, rescheduled for today
- January 9, Office Closed
- January 10, DOK, 1:00 pm
- January 15, Annual Reports Due, Vestry, 6:00 pm
- January 20, Martin Luther King- Office closed, Newsletter articles due
- January 26, Annual Meeting after service
- January 27, Newsletter mailing & out to lunch, 10:30
- January 30, Liturgics meeting, 10:00 am



Pizza and Prayer with a Priest

Mark your calendars for

Wednesday, January 29, for an hour of fellowship!

Father Paul invites everyone to join this lively group of youth, however all ages are welcome.

Come hungry and ready for fun!

We will meet at 5:30 in the parish hall and we hope that you can join us!



A timely quote after the holidays from a church bulletin



"Weight Watchers will meet at 7:00 pm at the First Presbyterian Church. Please use the large double doors at the side entrance".



Prayer, Service, and Evangelism



THE ORDER OF THE DAUGHTERS OF THE KING

Daughters of the King is an order of Episcopal women that was started in Philadelphia in 1885 for the express purpose of Evangelism and daily praying.

Ladies of St. Mark's and St. Christopher's: Are you searching for a way to be closer to our Lord and Savior Jesus Christ? You may be interested in becoming a Daughter of the King! This is a wonderful organization of both churches meeting once a month for Eucharist, Prayers and service. The members of the Daughters of the Kind (the Bishop Talbot Chapter) take a vow to pray and serve the Lord each day for those needing prayers. If this sounds like this is something you would enjoy being a part of, contact your church secretary for the names of DOK members to get more information. We welcome you to come join us! Our next DOK meeting is:

January 10 at 1:00 pm at St. Christopher's Episcopal Church on 2602 Deming Blvd.

First Friday Coffee at St. Christopher's

A friendly group meets the first Friday of every month at 10:00 am for coffee and fellowship. January's coffee will meet on the 3rd at St. Christopher's.

All are welcome!



Men's Breakfast at Perkins

Mark you calendars for every Wednesday at 8:30 am for Men's Breakfast at Perkins restaurant!



Bible Study with Dolores Dionne

A dedicated group meets to study the Holy Scriptures which sustains the church and helps guide us in our daily lives. All participate in sharing interpretations and life's experiences. Some arrive at 11:30 to celebrate Holy Communion in the sanctuary and is administered by Father Paul Crips. Study starts at noon and ends at 1:00 pm. All are welcome.

(Classes will resume again February 6, 2025).





Why is there such a sweet smile on this woman's face? Well, she's the winner of the Gift Basket Raffle & her name is *Marguerite Reinsbech!* And St. Christopher's own *Greg Norman* was the happy recipient of the beautiful wooden jewelry box made by Father Paul Crips.

From Lynda Hardgrave: "Thank all of you for buying so many tickets, this was a record year".

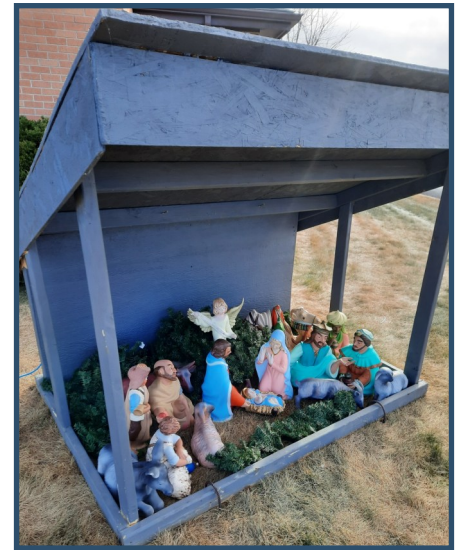
On Saturday, December 7, Anthony Gonzalez won his boxing match in Casper. He is pictured here with his father, Eli, as well as Ray Montoya. Congrats Anthony!



What are these coins? Well, a proud Janet Osborn brought this picture into the office exclaiming, "This is what was given by all the wonderful people at St. Christopher's for *Gifts for Life*". And this doesn't include checks and monetary donations! And FYI, all was matched by the Episcopal Church of Wyoming. Wonderful news, Janet.

Advent at St. Christopher's & Trimming the Tree

St. Christopher's youth group did a beautiful job trimming the Christmas tree for the Holidays! Pictured here are the Rev. Kristin Lee & Father Crips along with the church's youth.



The nativity at St. Christopher's.

Bill & Kathy Kahle are Mr. & Mrs. Santa & are pictured with Araya & Charles.

A smiling John Sullivan with a gift of the cross from Father Paul.



St. Christopher's Committees

<i>LITURGICS</i>	The Rev. Kristin Lee, The Rev. Paul Crips
<i>ALTAR MINISTRY</i>	Ruth Ferguson
<i>DOK</i>	Karen Boehner & Judy Cuthbertson
<i>BIBLE STUDY</i>	Dolores Dionne
<i>ST. ELIZABETH'S</i>	Lynda Hardgrave
<i>GIFTS AND BEQUESTS</i>	Ruth Ferguson
<i>FINANCE/BUDGET/AUDIT</i>	Alex Bowler
<i>GARDEN</i>	Gene Williams
<i>BUILDING AND GROUNDS</i>	Gene Williams/Lynda Hardgrave



The Ministries

VESTRY

- Gene Williams—Senior Warden
- Lynda Hardgrave —Junior Warden
- Marla Norman—Treasurer
- Mary Beth Crips—Clerk
- Louisa Vigil
- John Sullivan
- Trapper Harris
- Alex Bowler
- Janet Osborn
- Dorothy Stevens
- The Rev. Paul Crips and The Rev. Kristin Lee



STAFF, CLERGY, AND CONTRACT WORKERS

- Organist/Music Director—Alaina Neiman
- Treasurer—Marla Norman
- Administrative Assistant—Trudy Soland
- Priests—The Rev. Kristin Lee & The Rev. Paul Crips

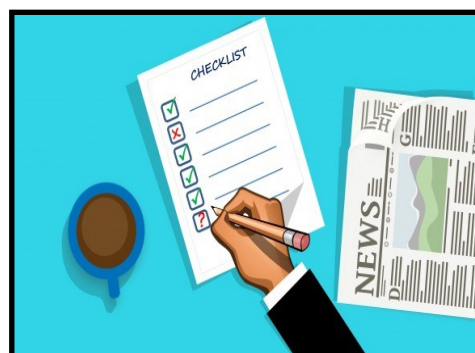
DIOCESAN DELEGATES

- Bonnie Gonzales
- Randy Hardsocg

ALTERNATES

- Janet Osborn
- Amy Sullivan

Treasurer's Report for St. Christopher's Church November 2024



Checking	\$ 6,650.67	
Savings	\$ 1,028.37	
Money Market	\$ 75,085.86	
SSGA	\$ 33,788.78	
Total	\$116,553.68	
Pizza, Prayer, Priest	\$ 3,807.42	
Total St. Christopher's Fund		
\$112,746.26		

JANUARY Birthdays & Anniversaries: May each Celebrant have a Blessed Day!



January 14 *Brinkley Lewis*
January 17 *Ruth Ferguson*
January 22 *John Boehner*
January 25 *Sid Hoadley*
January 31 *Carole Martin*



Gary & Betsy Hartman January 15

A Prayer for Healing and Strengthening from Father Paul



With many of our brothers and sisters in Jesus Christ having recent surgeries it is a good time for us to have prayer that will guide us when it comes to suffering and dealing with the pain of recovery. I offer the following prayer for our congregation:

Lord God, we come before you with faith and a heart full of hope that you will always be with us during our time of trial and tribulation. We know you are the greatest healer of all because you created us. Help us to live with faith, believing in Your ability to restore health and bring comfort in times of pain and suffering.

As it says in Jeremiah 17, verse 14, "Heal me, O Lord, and I shall be healed; save me, and I shall be saved for You are my praise."

Father, we surrender our pain, our worries, and our fears into Your hands.

We ask that you touch us with your healing hand, renew our strength, and fill us with the peace that surpasses all understanding. Help us to trust in your plan for our lives, knowing that your plan is to prosper and give us hope for the future.

You know our needs and our struggles, and we pray that you will surround us with your love and grace, bringing healing to our bodies and minds and strengthening our spirituality.

Let your gift of the Holy Spirit provide wisdom and joy knowing you are always present within all our thought's words and deeds.

May your presence be felt in every moment and may your peace guard our hearts as we wait for Your miraculous touch.

Thank you, Lord, for listening to our prayers and for being our ever-present help in times of need. We give You all the praise and glory, trusting in your unfailing love and mercy.

We pray to you through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

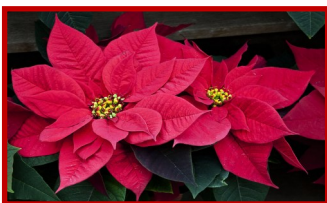
The History of New Year's Resolutions

The [ancient Babylonians](#) are said to have been the first people to make [New Year's](#) resolutions, some 4,000 years ago. They were also the first to hold recorded celebrations in honor of the new year—though for them the year began not in January but in mid-March, when the crops were planted. During a massive 12-day religious festival known as Akitu, the Babylonians crowned a new king or reaffirmed their loyalty to the reigning king. They also made promises to the gods to pay their debts and return any objects they had borrowed. These promises could be considered the forerunners of our New Year's resolutions. If the Babylonians kept to their word, their (pagan) gods would bestow favor on them for the coming year. If not, they would fall out of the gods' favor—a place no one wanted to be.



For early Christians, the first day of the new year became the traditional occasion for thinking about one's past mistakes and resolving to do and be better in the future. In 1740, the English clergyman John Wesley, founder of Methodism, created the Covenant Renewal Service, most commonly held on New Year's Eve or New Year's Day. Also known as watch night services, they included readings from Scriptures and hymn singing, and served as a spiritual alternative to the raucous celebrations normally held to celebrate the coming of the new year. Now popular within evangelical Protestant churches, especially African American denominations and congregations, watch night services held on New Year's Eve are often spent praying and making resolutions for the coming year.

Despite the tradition's religious roots, New Year's resolutions today are a mostly secular practice. Instead of making promises to the gods, most people make resolutions only to themselves, and focus purely on self-improvement (which may explain why such resolutions seem so hard to follow through on). According to recent [research](#), while as many as 45 percent of Americans say they usually make New Year's resolutions, only 8 percent are successful in achieving their goals. But that dismal record probably won't stop people from making resolutions anytime soon—after all, we've had about 4,000 years of practice!



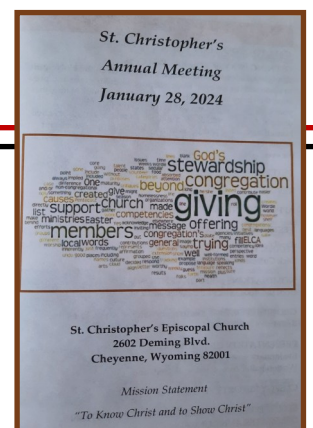
*On behalf of the Altar Ministry, a big thank you to all poinsettia sponsors;
John & Amy Sullivan, Teresa Compton, Dick & Judy Cuthbertson, Ruth & Ed
Ferguson, Tom & Kristin Lee, Gary & Betsy Hartman, Dorothy Stevens, Sheryll
Jones, Bar & Gene Williams, Clayton & Lynda Hardgrave,
John & Karen Boehner, Greg & Marla Norman,
Dave & Nancy Freudenthal*

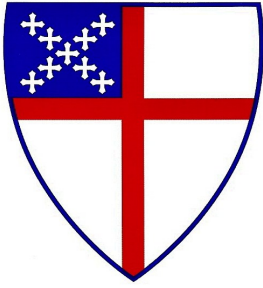
Annual Reports

It's coming up on that time of year again! Just a reminder that January 26th, 2025 will be the next annual meeting following the church service.

Please have your reports in to Trudy by January 15th.

Thank you!





Sent From:

Saint Christopher's Episcopal Church

2602 Deming Blvd, Cheyenne, WY 82001

Send to:

*The Reverend Kristin Lee, Priest
The Reverend Paul Crips, Priest
Gene Williams, Senior Warden
307.632.4488*

*Footnote Articles are due by the 3rd Monday of the month. Please email them to:
stchrischeyenne@outlook.com*

*Check out our website at:
www.stchrischeyenne.org*