

Footsteps of St. Christopher's February 2025 Our Vision: "To know Christ and to Show Christ"



Important Dates for February:

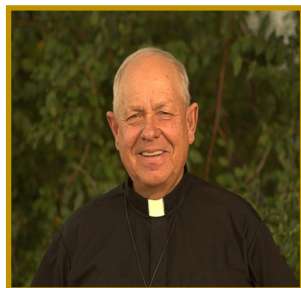
Sunday Service Rite II at 9:00 am

Men's Breakfast at Perkins, Wednesdays at 8:30 am.

Bible Study to be announced soon

Holy Eucharist, Thursdays at 11:30 am

- February 1, St. Elizabeth's Guild, 9:00 am
- February 7, First Friday Coffee, 10:00 am
- February 14, DOK, 1:00 pm
HAPPY VALENTINE'S DAY!
- February 17, Presidents Day, Office Closed
Newsletter articles due
- February 19, Vestry, 6:00 pm
- February 24, Newsletter mailing & out to lunch, 10:30 am
- February 26, Pizza & Prayer with a Priest, 5:30 pm
- February 27, Liturgics meeting, 10:00 am



Pizza and Prayer with a Priest

Mark your calendars for Wednesday, February 26th, for an hour of fellowship!

Father Paul invites everyone to join this lively group of youth, however all ages are welcome.

*Come hungry and ready for fun!
We will meet at 5:30 in the parish hall,
we hope that you can join us!*



Chuckle for the day: At income tax time, when you put the two words 'The' and the 'IRS' together they spell 'THEIRS'.



Prayer, Service, and Evangelism



THE ORDER OF THE DAUGHTERS OF THE KING

Daughters of the King is an order of Episcopal women that was started in Philadelphia in 1885 for the express purpose of Evangelism and daily praying.

Ladies of St. Mark's and St. Christopher's: Are you searching for a way to be closer to our Lord and Savior Jesus Christ? You may be interested in becoming a Daughter of the King! This is a wonderful organization of both churches meeting once a month for Eucharist, Prayers and service. The members of the Daughters of the Kind (the Bishop Talbot Chapter) take a vow to pray and serve the Lord each day for those needing prayers. If this sounds like this is something you would enjoy being a part of, contact your church secretary for the names of DOK members to get more information. We welcome you to come join us! Our next DOK meeting is:

February 14th at 1:00 pm at St. Christopher's Episcopal Church on 2602 Deming Blvd.

First Friday Coffee at St. Christopher's

A friendly group meets the first Friday of every month at 10:00 am for coffee and fellowship. February's coffee will meet on the 7th at St. Christopher's.

All are welcome!



Men's Breakfast at Perkins

Mark you calendars for every Wednesday at 8:30 am for Men's Breakfast at Perkins restaurant!



Bible Study with Dolores Dionne

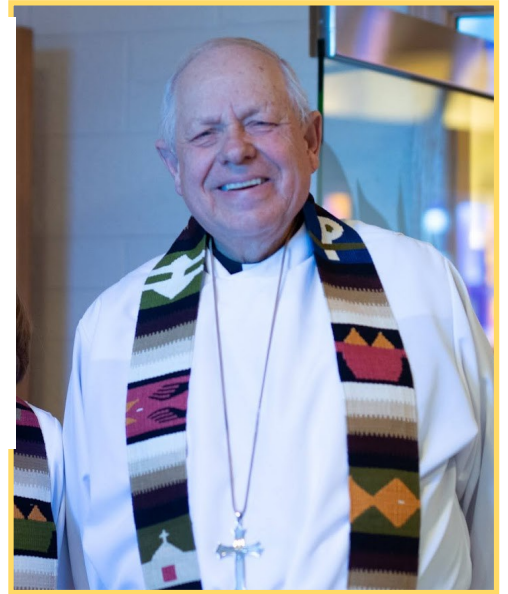
A dedicated group meets to study the Holy Scriptures which sustains the church and helps guide us in our daily lives. All participate in sharing interpretations and life's experiences. Some arrive at 11:30 to celebrate Holy Communion in the sanctuary and is administered by Father Paul Crips. Study starts at noon and ends at 1:00 pm. All are welcome.

(February 2025 Class schedule coming soon)!



Father Paul's

Corner



Ah Ha Moments

Research Physicist and Nobel Laureate Henrich Roher said, "Science means constantly walking a tightrope between blind faith and curiosity; between expertise and creativity; between bias and openness; between experience and epiphany; between ambition and passion; and between arrogance and conviction in short, between an old today and a new tomorrow."

To summarize this quote means simply having those "Ah Ha" moments or a sudden realization of learning something exciting and new which ultimately leads to a change in the way we live. As followers of Jesus Christ, we should be having those "Ah Ha" moments all the time. If not, we become subject to monotony, boredom and a lack of enthusiasm or lack of passion.

One of those "ah ha" moments is the wedding at Cana as written in the Gospel of John. This is the beginning of Jesus Christ's public ministry. John is writing about the story of Jesus at the wedding for a reason demonstrating that Jesus is all about the abundance of life, after all, He turned 180 gallons of water into wine and not just some cheap wine, like a 3-dollar bottle of blackberry Merlot. His wine would be more like 1992 Screaming Eagle Cabernet, a bottle of which sold for a half a million dollars recently.

John writes much differently than the synoptic gospels. He clearly thinks this is a very important story for understanding who Jesus is. John's writings are different, more interpretive and intellectual. Jesus is all about life, joy, abundance, and peace. John is convinced that the Christian life is meant to be full of joy and happiness, not a tragedy. Despite how dark things might seem out there in the world, even though the path to life will lead Jesus, and us, through death, despite all of this: things will turn out right in the end. God is in control, leading us to light and life in Jesus.

God became incarnate not to pull us out of our bodies and into heaven, but rather to bring heaven down to us, to bring the peace and abundance that is God's intention for all people and places into every corner of human life. We are blessed with this feast at the Eucharistic table week-by-week and day-by-day, blessed with enough and more left over to share. And in our joy we are called to go out into God's world and share God's invitation: the table is set for all! Come and dine. Now that is an "ah ha" moment we can all live with.

Valentine's Day, also called Saint Valentine's Day or the Feast of Saint Valentine,^[1]

Valentine's Day, when lovers express their affection with greetings and gifts. Given their similarities, it has been suggested that the holiday has origins in the Roman festival of Lupercalia, held in mid-February. The festival, which celebrated the coming of spring, included fertility rites and the pairing off of women with men by lottery. At the end of the 5th century, Pope Gelasius I forbid the celebration of Lupercalia and is sometimes attributed with replacing it with St. Valentine's Day, but the true origin of the holiday is vague at best.

be celebrated as a day of century. Although there tian martyrs named taken its name from a priest 270 CE by the According to legend, the Valentine" to his jailer's befriended and, by some blindness. Other accounts of Terni, a bishop, for whom it is possible the

JESUS REPLIED: "LOVE THE LORD YOUR GOD WITH ALL YOUR MIND, AND WITH ALL YOUR HEART AND WITH ALL YOUR SOUL AND WITH ALL YOUR MIND." THIS IS THE GREATEST COMMANDMENT. AND THE SECOND IS LIKE IT: "LOVE YOUR NEIGHBOR AS YOURSELF." MATTHEW 22:37-39

Valentine's Day did not come to romance until about the 14th were several Chris- Valentine, the day may have who was martyred about emperor Claudius II Gothicus. priest signed a letter "from your daughter, whom he had accounts, healed from hold that it was St. Valentine the holiday was named, though two saints were actually one person. Another common legend states that

St. Valentine defied the emper-

or's orders and secretly married couples to spare the husbands from war. It is for this reason that his feast day is associated with love.

Formal messages, or valentines, appeared in the 1500s, and by the late 1700s commercially printed cards were being used. The first commercial valentines in the United States were printed in the mid-1800s. Valentines commonly depict Cupid, the Roman god of love, along with hearts, traditionally the seat of emotion. Because it was thought that the avian mating season begins in mid February, birds also became a symbol of the day. Traditional gifts

include candy and flowers, particularly red roses, a symbol of beauty and love.



Recognizing a great Bulletin Proofer

I want to thank John "Smiley Face" Sullivan for helping proof the Sunday bulletins. Each and every Wednesday at 10:30 am, John arrives and to my dismay he always seems to find something I need to add or change! If weren't for John, you'd see a lot more errors in the bulletins. So, thank you, John, and I'm grateful that The Albany gives you the time off to ensure we offer a bulletin to St. Christopher's congregation that we can be proud of.

Trudy Soland



St. Christopher's Committees

<i>LITURGICS</i>	The Rev. Kristin Lee, The Rev. Paul Crips
<i>ALTAR MINISTRY</i>	Ruth Ferguson
<i>DOK</i>	Karen Boehner & Judy Cuthbertson
<i>BIBLE STUDY</i>	Dolores Dionne
<i>ST. ELIZABETH'S</i>	Lynda Hardgrave
<i>GIFTS AND BEQUESTS</i>	Ruth Ferguson
<i>FINANCE/BUDGET/AUDIT</i>	Alex Bowler
<i>GARDEN</i>	Gene Williams
<i>BUILDING AND GROUNDS</i>	Gene Williams/Lynda Hardgrave



The Ministries

VESTRY

- Gene Williams—Senior Warden
- Lynda Hardgrave —Junior Warden
- Marla Norman—Treasurer
- Mary Beth Crips—Clerk
- Louisa Vigil
- John Sullivan
- Cameron Marshall
- Alex Bowler
- Dorothy Stevens
- The Rev. Paul Crips and The Rev. Kristin Lee



STAFF, CLERGY, AND CONTRACT WORKERS

- Organist/Music Director—Alaina Neiman
- Treasurer—Marla Norman
- Administrative Assistant—Trudy Soland
- Priests—The Rev. Kristin Lee & The Rev. Paul Crips

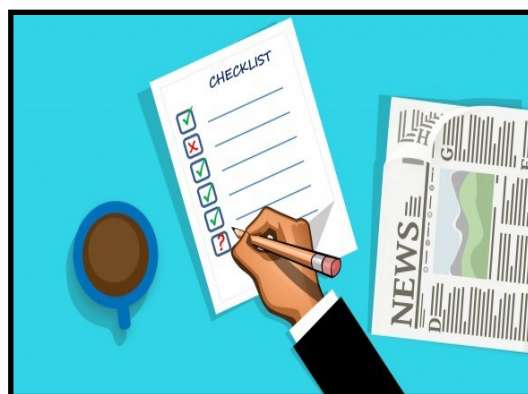
DIOCESAN DELEGATES

- Marla Norman
- Sandi Raney

ALTERNATES

- Ruth Ferguson
- Judy Cuthbertson

Treasurer's Report for St. Christopher's Church December 2024



Monthly Totals	
Expenses: \$60,636.22 (\$55,000 is grant money)	
Income: \$58,323.98 (\$55,000 is grant money)	

February Birthdays & Anniversaries: May each Celebrant have a Blessed Day!



February 5 Nancy Freudenthal
February 7 Whitney Brooks
February 11 Katie Williams
Anthony Gonzalez
February 14 Bonnie Gonzalez
February 16 Tom Satterfield
February 18 George World
February 22 Rev. Roger Rapp
February 25 Randy Hardsocg
February 26 Janet Osborn
February 27 Pat Benson
February 28 Deb Nelson



February 19 Clayton & Lynda
Hardgrave
February 26 Lloyd & Janet
Osborn

A Special Note of Gratitude from Marla Norman:

"Our Christmas Eve Service was beautiful, well done and touching. We are so fortunate to have so many talented and willing members!

We would like to thank all those involved:

Alaina Niemann and her family; a special thank you to Alaina for planning all the music selections, working with the choir and having her family be a part of the service.

The Choir was great – a wonderful, beautiful addition to the service.

Did everyone notice the cute young boys in the back row of the choir?

Thank you to the adults who participated at the altar – such a meaningful, beautiful service.

Thank you, Paul and Kristin, for getting this organized & to the worship leader & lector.

And finally, to our youth group – each and every one of you did a wonderful job. The acolytes were great with their dedication to the significance of the service. And all the youth who read a portion of the Christmas story, such a great job, all of you.

It is such a joy to have our youth participating in our services.

Thank you all for a beautiful, meaningful service that St. Christopher's can be extremely proud of!"

(Apologies this is late, the December newsletter had already been printed).



Embracing St. Christopher's Family with Alex & Lizz Bowler



Alex writes, "Here's hoping that my brief story for the St. Christopher's newsletter will not be interpreted as an obituary..."

Alex writes, "Alex was born on July 2, 1949, as the oldest of 3 children, in Warren, Pennsylvania. He graduated from Warren Area High School in 1967, and attended college at the University of Pittsburgh, where he received a Bachelor's degree (anthropology) in 1971 and a Master of Public Health degree (medical and hospital administration) from its Graduate School of Public Health in 1973. It was during this time frame that he met and married his wife, Elizabeth, on June 17, 1972.

Alex worked as a hospital administrator for 14 years before going to work for Blue Cross Blue Shield of Wyoming. He retired at the end of 2009 after 17 years as the TB Program Manager at the Wyoming Department of Health.

Alex is a Life Fellow of the American College of Health Care Executives, a founding member of the National TB Controllers Association, and yes, a Life Member of Pheasants Forever. He is a Board Member of the Cheyenne Area Landowner's Coalition, and he is currently serving his second go-round as a member of St. Christopher's Vestry and its Finance Committee.

Together, he and Lizz have an adult age son and an adult age daughter, and two grandchildren. In 2003 they bought a rural "ranchette" and are enjoying the country life style.

He and Lizz have been members of St. Christopher's since 1990.



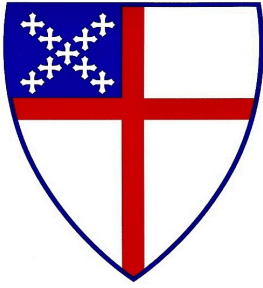
Serving Volunteers Needed at Comea Shelter!



Greetings from Eric Nelson at St. Mark's. "St Mark's has been serving dinner at COMEA on the third Thursday of each month for many years. We invite anyone from St. Christopher's to join us. If interested in serving, contact me at nelsonhams19@gmail.com. Thank you".

"I have been serving dinner at the shelter for a few months & it's very gratifying & humbling! Feb. 20 will be the next dinner we serve. Join us"! Trudy, Admin. Assist at St Christopher's





Sent From:

Saint Christopher's Episcopal Church

2602 Deming Blvd, Cheyenne, WY 82001

Send to:

*The Reverend Kristin Lee, Priest
The Reverend Paul Crips, Priest
Gene Williams, Senior Warden
307.632.4488*

*Footnote Articles are due by the 3rd Monday of the month. Please email them to:
stchrischeyenne@outlook.com*

*Check out our website at:
www.stchrischeyenne.org*